Rope for Decoration & Restraint

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Creating a Double Coin Knot – Used for a pretty replacement for the square knot in harnesses

- Make a loop with the left rope --- make sure the end of the left rope comes out below the top of the loop
- Orient the right rope so it goes over the center of the loop (pic 1)
- Take the right rope under the left and over the upper part of the left rope (pic 2)





Creating a Double Coin Knot Cont'd

- Weave the end of the right rope under, over, and under the ropes that make up the loop (pics 1-2) --- it's easier to fold the end of the rope and push a bight through.
- Pull the rest of the rope through and the knot is complete (pic 3)



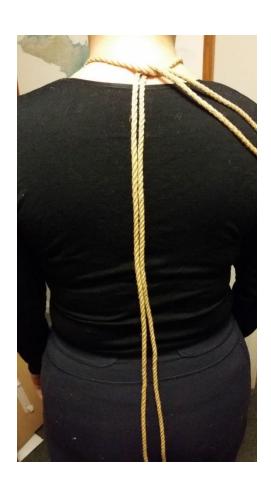




Creating a Rope Dress – Creates a rope dress that creates a diamond pattern down the front of the bottom

- Create 3 double coin knots after looping the middle of the rope over the bottom's head (pic 1)
- Extend the rope to loosely go down under the crotch (further ropes will tighten the crotch rope), then back up underneath the neck rope (pic 2)





Creating a Rope Dress Cont'd

- Split the back rope and take each rope under each shoulder around to the front and back forming a diamond (pic 1) --- to restrict movement with this tie, the rope can go over the arms instead of under
- Tie a square knot around the center pair of ropes in back (pic 2)
- Continue the process to create diamonds between each pair of double coin knots adding rope when necessary (pic 3)



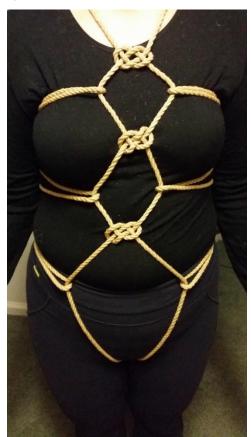




Creating a Rope Dress Cont'd

- If you have excess rope at any point, the rope can be looped around the column in back (pic 1)
- To create extra tension in the crotch rope, you can also create a diamond between the last double coin knot and the crotch. Finished shot from the front (pic 2)
- Finished tie in the back (pic3)







Creating a Leg Gauntlet – Binds the legs together in a comfortable, aesthetically pleasing tie

- Form a Lark's Head around both legs (pic 1)
- Switch directions and go around the legs another time going through the loop created with each switch of direction (pic 2)





Creating a Leg Gauntlet Cont'd

- Continue in this manner until the leg gauntlet is of the desired height, adding rope when necessary (pic 1)
- On the last direction switch, go under the top 4 ropes, leaving a loop at the top (pic 2)
- Go back over the ropes and through the loop --- this creates a half hitch which secures the tie (pic 3)





